

What should I already know?

Know how to keep healthy by doing exercise and eating healthily.

Know some rhymes about the **body** (e.g. Heads, Shoulders, Knees and Toes)

Investigate!

Label the different parts of the body and describe what each part does. Draw around one of the pupils in your class using chalk - label the different parts of the body.

Complete a simple exercise (such as a star jump) and describe which parts of your body move.

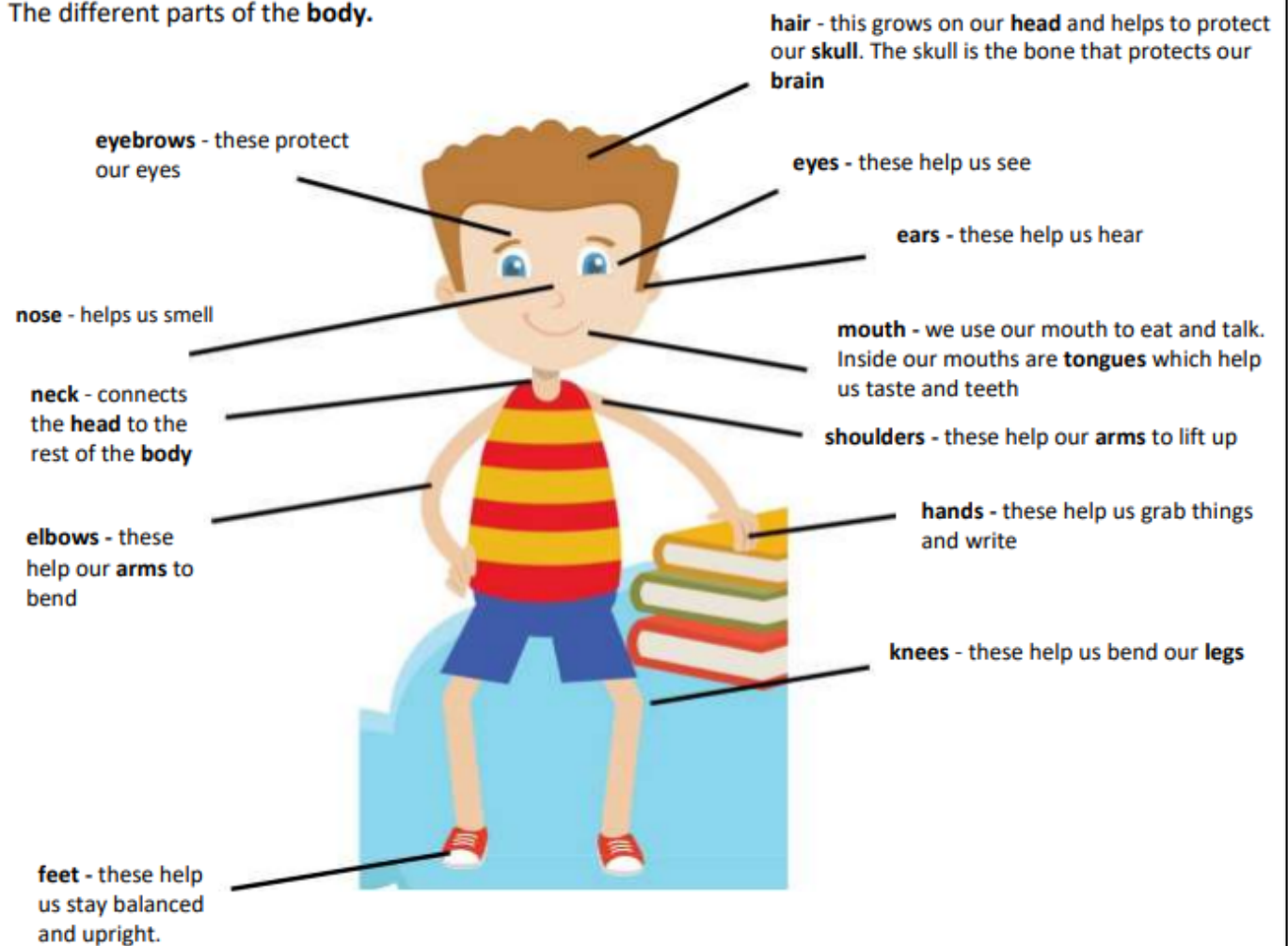
Participate in a sensory experience where you taste, feel, look at and see different foods (check for allergies first).

Use senses to compare different textures, sounds and smells

Discuss activities where you might use more than one sense (e.g. playing football).

What will I know by the end of the unit?

The different parts of the **body**.



We have five **senses**.

1) We **smell** using our nose.

2) We **taste** using our tongue.

3) We **touch** using parts of our body, like our hands.

4) We **see** using our eyes.

5) We **hear** using our ears.

